

Hi there,

As we reflect on the first quarter of 2026, thank you for your continued support. Because of you, homeless and vulnerable Young People across our communities are making positive steps towards stability and independence through our Supported Accommodation. Here's some of our highlights so far...

Mental Health & Wellbeing

- 21 Young People supported
- 16 received in-house counselling
- 15 reported improved mental health

Education, Training & Employment

- 22 Young People engaged in our 13-week programme
- 5 supported into education or training and 7 supported into employment
- 8 sustained jobs from the previous quarter

Every number represents a Young Person moving forward with confidence and hope - thank you for making this possible!

[About us](#)

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INSIDE 



Our incredible community came together through our campaign, #HomeForChristmas, we were able to raise a whopping total of **£3,355**

With every generous pound going towards...

1. Working My Way Up – 6 months of coaching, mentoring, and resources to help Young People overcome barriers to enter meaningful education, training and employment.
2. Your Voice, Your Choice – delivers counselling, therapy, and mediation to address the root cause of trauma to improve mental health and resilience.

Thank you for making this possible

CAISH CAPTURED



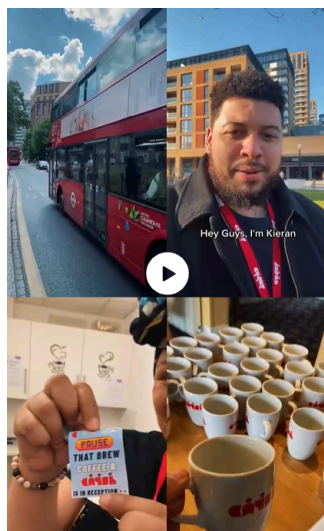
Story telling Collab

For national story telling week we collaborated with Local Story teller writer...



What does home mean to you?

As part of our Valentine's campaign had a question for team members at neighbours at Up Croydon



2025 Wrapped

Take a look at everything CAYSH 2025

What's in the box?

Click play to see what's inside our latest partnership!

STAKEHOLDER SPOTLIGHT



Interchange features prominently on the Croydon skyline, occupying an exciting position within the continuing transformation of Croydon town centre. Best in class office accommodation providing an excellent working environment with over 150,000 sq ft let to internationally renowned global brands.

Interchange selected CAYSH as their Charity of 2026. Supporting us with events and fundraising activities!

"We also believe that every young person deserves a safe place to call home and the chance to build a better future. We hope that our team and our building can contribute to their mission in whatever ways we can."

Check them out here: [Interchange Croydon](#)

Andrews
Charitable Trust



Andrews Charitable Trust's project was created to provide good quality, affordable and safe housing to young people vulnerable to homelessness. They partner with local youth support organisations that offer housing advice, life skills coaching, confidence building, education and career guidance.

They have been an official partner of CAYSH for 5 years and will be joining us on some of our 2026 fundraising activities!

"Young people in homelessness services can become trapped if they can't find affordable homes to move onto. ACT is delighted to provide affordable homes for young people supported by CAYSH, as stepping stones to independence as they begin work. Earning a living is the only route to independent living and such an important part of what CAYSH can do to support young people who have been homeless."

Check them out here: [Andrews Charitable Trust](#)



FSB offers their members a wide range of vital business services including advice, financial expertise, support and a powerful voice heard in government.

"We're excited about the fundraising activities planned for 2026 and the chance to support the incredible work CAYSH does. For us, this partnership is about more than fundraising alone, it's about backing a cause that helps young people access the support, stability, and opportunities they need to move forward with confidence."

Already gaining momentum FSB have started a Just Giving page where they aim to raise £3,500 to support our cause. We are excited to have them on-board with our exciting fundraising events!

Check them out here: [FSB](#)

Take a look how much FSB have raised so far



A special thank you to our neighbours - The Croydon Dancing Club for reaching out to us with a £500 donation 🎁

The Croydon Dancing Club is a small not for profit organisation that gives ballroom dancing lessons for donations and distributes all its surplus funds to local charities 🧑🏻🧑🏻



We are so delighted that the Croydon Together Night Shelter re-opened for rough sleepers, after several years' absence.

It's a pleasure that CAYSH Enterprise CIC can be a part of this, delivering a concierge service at night & keeping everyone safe at night.

Massive kudos to the committed individuals across the voluntary, community & faith sector in Croydon, plus support & financial backing from Croydon Council. Big mention to Croydon Voluntary Act, Nightwatch Croydon, West Croydon Baptist Church, South Norwood Community Kitchen, Housing Justice, Croydon Refugee Day Centre, South Croydon Benefice, Crisis and Croydon Council.

Find our more about our services

In 2022, *Maya* was referred to CAYSH after becoming homeless at just 16. She moved into our supported lodgings service, where she spent two years building the foundations for independent living. With steady guidance from staff, she developed practical skills, rebuilt family relationships through mediation, and grew in confidence.

When she was ready, Maya transitioned into our Establish service. Although largely independent, she continued to receive light-touch support around her mental health and emotional wellbeing. Staff helped her navigate shared living challenges, manage stress, and maintain healthy routines. When she later lost her job, a CAYSH grant partner provided a laptop that enabled her to quickly secure new employment.

By the end of her placement, Maya had achieved full independence, stable work, improved wellbeing, and strong budgeting habits. Although she initially hoped for social housing, she ultimately secured a privately rented home of her own - a testament to her resilience and growth.

**EVERY STORY
MATTERS**



**UPCOMING
EVENTS**



The UK government has launched the Ending Homelessness in Communities



Fund.

Initially worth £37m, this will fund new services helping people avoid homeless and rough sleeping. It actively encourages bids from organisations with a strong local presence.

We are excited by the opportunity and are likely to be submitting a bid in collaboration with two other local charities.

We have been planning our summer fundraisers! Kicking off with our first ever Charity Football match happening this September. We'll be getting competitive with local businesses!

We've been planning the final touches to our Summer Distance-athon as we depict the journey of the Young Person we serve.

You will be able to get involved by sponsoring our walk or getting active to help us beat our distance target

[Find out more](#)

[Stay Connected](#)

What did last years Fundraising achieve?



More than just a room...

This refurbishment project, funded by the B&Q Foundation, brings much needed space, comfort, stability, and a fresh start for the Young People we support.

A welcoming home environment is a vital first step in rebuilding confidence and independence. This space will play an important role in helping Young People settle and feel secure; creating the foundations for lasting independence.

"Safe Space is Growth Space"

